

# PATHFINDER HIKE PROGRAM

## MT. TAMALPAIS

### **Mt. Tamalpais State Park**

Mill Valley, CA

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Trail Length: 8.8 miles

Average Elevation: 2,016'

Elevation Change: 997'



### **Overview**

Just north of San Francisco's Golden Gate Bridge, Mount Tamalpais State Park rises majestically from the heart of Marin County. Its deep canyons and sweeping hillsides are cloaked with cool redwood forests, oak woodlands, open grasslands, and sturdy chaparral. The breathtaking vistas from Mount Tamalpais's upper mountain include the Farallon Islands 25 miles out to sea, the Marin County hills, San Francisco Bay and City, the East Bay, and Mount Diablo. On rare occasions, the snow-covered Sierra Nevada Mountain Range can be seen 150 miles away.

### **How To Get There**

**West Bay:** Cross the Golden Gate Bridge north. From Highway 101, take north Highway 1, Stinson Beach exit. After 3 miles of winding road, where Highway 1 continues to Stinson Beach, turn right on Panoramic Highway and follow signs reading "Mt. Tamalpais." After 1 mile, pass the Muir Woods Road - Mill Valley junction. Continue to follow the "Mt. Tamalpais" signs. Pass parking lots of Mountain Home and Bootjack, and turn left into parking lot at Pan Toll.

**East Bay:** Take Highway 880 or 580 to Highway 80, or Highway 680 to Highway 24 west to Highway 80. Highway 80 to Highway 580 across the Richmond-San Rafael Bridge. Exit Highway 101 south. Take Stinson Beach exit and follow as above.

[Google Maps Driving Directions](#)

### **The Hike**

Start at Pan Toll. Take the Easy Grade Trail. At Mountain Theater, take the Rock Springs Trail. At the West Point Inn, take the Old Railroad Grade Fire Road to East Peak. Return on Old Railroad Grade Fire Road to West Point In, then on old Stage Fire Road to Pan Toll Parking lot.



