

PATHFINDER HIKE PROGRAM

MT. ST HELENA

Mt. St. Helena

Calistoga, CA

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Trail Length: 8.8 miles

Average Elevation: 3,308'

Elevation Change: 1,983'



Overview

Robert Louis Stevenson State Park is the place where the famous author of *Treasure Island* and *Kidnapped* spent his honeymoon in 1880. Although nothing remains of Stevenson's cabin, the site is identified on the trail to the summit. The area features rough terrain, with evergreen forests in the canyons on north-facing slopes and chaparral on the south-facing slopes. From the top of Mt. St. Helena one can see much of the San Francisco Bay Area. On good days the top of Mt. Shasta can be seen, 192 miles in the distance.

How To Get There

West Bay: Cross Golden Gate Bridge to Highway 101. Drive north on 101 to Highway 37 (Black Point cutoff), turn left at second signal onto Highway 121 north. Take right turn onto Highway 121/12 to Highway 29. North on Highway 29 to Calistoga, stay on 29 to Robert Louis Stevenson State Park parking lot.

East Bay: Highway 880 to 580 to Highway 80. Cross Carquinez Bridge. Stay on 80 to Highway 37 just above fairgrounds. On 37 to Highway 29. Turn left at Suscol Creek to Highway 29 west. On Highway 29 proceed as above. Highway 680 cross Benecia Bridge. Turn left onto Highway 780 to Vallejo. Turn right onto Highway 80 and proceed as above.

[Google Maps Driving Directions](#)

The Hike

Trail leads from the parking lot and intersects a fire road that leads to the summit. This is the highest peak in the San Francisco Bay area.

From Mt. Mill House Camp, hike from the camp dining hall up the old stage road (fire road). Prior to reaching the highway, another fire road leads to the parking lot at Robert L. Stevenson Park. Continue as described above. The additional distance and elevation gained from the camp is 1.3 miles and 916 feet.

